

## **SPIRITUAL LIFE SERIES**

Poetry, stories, art, movies and music all have the power to touch us in the deepest parts of our soul. Besides nurturing the soul, they also put us in touch with the soul's deepest needs. Spirituality is not just about saying prayers and practicing religion. It is concerned with our sensitivity to the spiritual realities that surround us, influence us, nurture us, and motivate us.

Many Catholics stop formal learning about their faith after they finish CCD, Catholic school or Confirmation class. Our education in faith is important. We cannot live an adult faith with a child's understanding of what it means. Understanding what we believe, and why we believe, enables us to grow in our spiritual life. Knowledge and awareness opens the door of insight, connecting us in a more intimate way to our spiritual practices and beliefs. There is so much to learn about theology, faith, spirituality and religion. Different experiences, expression of faith, cultural influences, and historical circumstances shape our religious practice and theological explanations. These various perspectives can deepen our appreciation for our own beliefs and help us discover their roots and nuances in our own lives. Those who have gone before us can teach us much about the journey of faith.

Please join us at St. Bernadette parish in Lancaster at 7pm in the Mary Good Center multi-purpose room for the following presentations:

Thursday, February 18 for "A Literary Lent" by Fr. Kessler

Thursday, March 18 for "Stations of the Cross" by Sr. Nancy and Brian McCauley

Thursday, April 15 for "Catholic Liturgical Music" by Fr. Kessler and Brian McCauley

Thursday, May 20 for "Spirituality of Icons" by Fr. Thomas Kessler and Fr. John Reade

We as Catholics have such a rich heritage. Mark your calendars so you can learn and explore these exciting opportunities to grow.

TO FALL IN LOVE WITH GOD IS THE GREATEST OF ALL ROMANCES.

TO SEEK HIM IS THE GREATEST OF ALL ADVENTURES.

TO FIND HIM IS THE GREATEST HUMAN ACHIEVEMENT.

- ANONYMOUS